

# Welcome to Avoca Beach

... a great place to live!

**Congratulations !** .... on your decision to make this part of the Central Coast your home - it's a great place to live!

The Avoca area, like many other areas of the Central Coast, has a high level of scenic and natural beauty that has been a major attraction in drawing residents to the area.

Residents enjoy the benefits of living in an area that provides the best in terms of a coastal lifestyle, providing a beach, lagoon, lake, wetlands and nature reserves.

These natural features provide residents and tourists with a range of activities such as swimming, surfing, wind surfing, fishing, boating and walking among natural flora and fauna, all of which add to a healthy and desirable life style that the long term residents of the area have become accustomed to. **Take a few minutes to learn a little about your local area, Avoca Beach.**



## Our Cultural Heritage

### Aboriginal Heritage

The Central Coast is home to the Darkinjung, Guringai and Awabakal tribes.

Captain Cook was the first known European to make note of Avoca in his 1770 voyage. Whilst not going ashore, he named Cape Three Points at Avoca Beach and made a note in his journal of the Aboriginal campfires in the Avoca Beach area.

Generally, the lagoon areas would have had a high occupation of Aboriginals due to the wide variety of food resources. Up until the early twentieth century (1920's) Aboriginals would return each summer and set up camp in the North Avoca Lake area, where male members of the group would fish in the lagoon. However, from the 1940's Aboriginal groups stopped coming to the area. (Parkinson 2003)

### European Settlement

In 1839 John Moore was the first settler to receive a grant of land in the area. He named the 640 acres of land Avoca after the Irish poet Thomas Moore's "Vale of Avoca". The Avoca referred to in the poem was a small town in County Wicklow in Ireland.

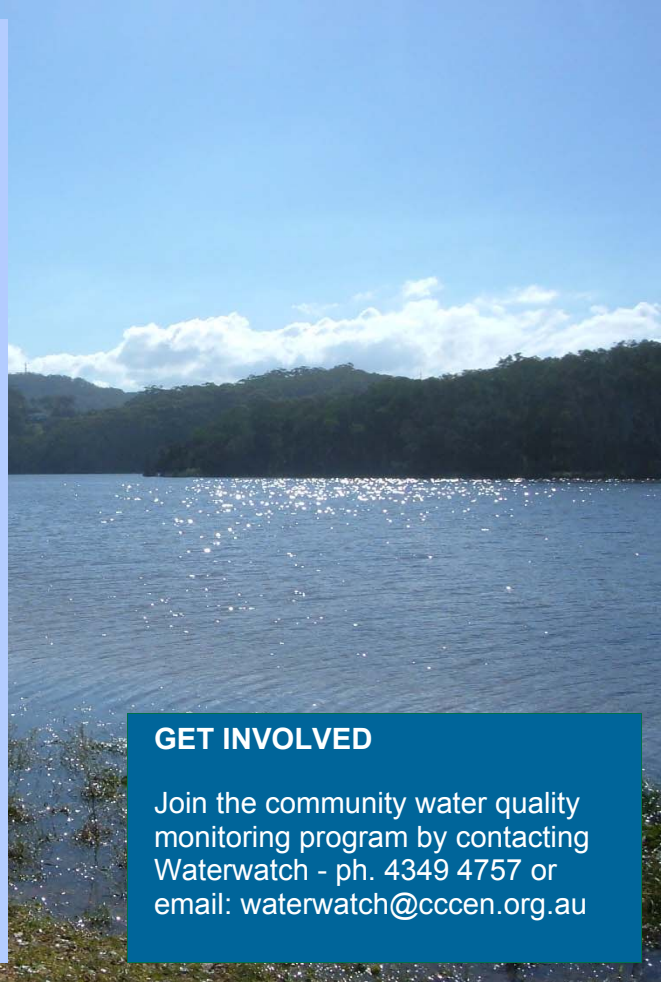
#### FIND OUT MORE

**Darkinjung Local Aboriginal Land Council** - Ph: 4351 2930

**Brisbane Water Historical Society** - Ph: 4325 2270

# Our Waterways

Avoca Lake is the product of a 'drowned' coastline, formed when sea levels rose during interglacial periods and inundated former river valleys. The lagoon collects precipitation and runoff from an area of 11.4 square kms, and the lagoon itself covers an area of 97.5 ha making up 5% of the catchment. The catchment drains in an easterly direction, with many un-named watercourses dissecting steep slopes to reach wetland areas. Two main creeks feed into the lagoon, Saltwater Creek and an un-named creek. The North Avoca Lagoon sub-catchment drains to the south over steep land through urban development. The lagoon is 1 of 4 significant lagoons in the region, all of which are monitored by Gosford City Council.



## GET INVOLVED

Join the community water quality monitoring program by contacting Waterwatch - ph. 4349 4757 or email: [waterwatch@cccen.org.au](mailto:waterwatch@cccen.org.au)

# Our Beach



## GROUPS INVOLVED IN OUR COASTAL ZONE

**Avoca Beach Surf Life Saving Club** Ph: 4382 1514

**Board Riders** - PO Box 161, Avoca Beach

**OCCI (Ocean & Coastal Care Initiatives)** - ph. 4341 4291

Avoca Beach is a 2km length of beach enclosed at the northern end by the rocky headland at North Avoca and at the southern end by a rock platform. The rock platform is a popular fishing spot, whilst the beach is a popular attraction for surfing, swimming and walking.

Bulbararing (pronounced bull-ber-RAH-ring) is the name recorded on a 1904 map of the area for the bay between the rocky headland and the rock platform, and is thought to mean "water between high cliffs".

Avoca Lake, beach and surrounding reserves are all vulnerable to pollution and vandalism.

Residents need to be aware of the sensitivities of the area's natural assets so that they can be preserved and maintained for the benefit of the community and future generations. Council regulations govern the keeping and exercising of domestic pets and the removal of weeds and grass clippings (contact 4325 8222 to find out more).

## Bulbararing Reserve

Bulbararing Reserve is a valuable remnant of Coastal Narrabeen Moist Forest at Avoca Beach that is conserved in public ownership. This forest is characterised by tall Turpentine and Eucalyptus trees with broad-leaved trees forming a thick lower canopy. Understorey plants include rainforest trees, palms, vines, epiphytes and ferns. This forest prefers sheltered areas with fertile soil and high rainfall. Trees growing in Bulbararing Reserve include Bangalow Palm, Turpentine, Native Crabapple, Maidens Blush and Swamp Mahogany. The vegetation in the reserve is important as a natural filter for the water that passes into the un-named creek which in turn flows into Avoca Lake (lagoon)

Bulbararing Reserve is 3.5 hectares in size. It is bounded on all sides by houses in Reynolds Road, Baronga Road, Cape Three Points Road, Otayba Place, Cabbage Tree Avenue, Rengbari Place, Ridgeway Road and Gill Avenue. The main entrance to the Reserve is through the walkway between 28 and 33 Reynolds Road, off The Round Drive.

The reserve is habitat for a diverse range of native animals. Bird sightings include Boobook Owls, Brush Turkeys, Catbirds, Eastern Rosellas, King Parrots, Powerful Owls, Regent and Satin Bowerbirds, Sulphur-crested Cockatoos, Whip-birds and White-headed Pigeons. Brush-tail Possums, Land Mulletts, Eastern Water Dragons and other reptiles have also been sighted.

## Bulbararing Reserve Bushcare Group

Neighbours Carol and Peter Gumley and other residents formed the Bulbararing Reserve Bushcare Group in 1996. The group uses bush regeneration techniques to remove weeds and so far has encouraged some 75 native species to regenerate. The results are amazing!



### GET INVOLVED IN BUSHCARE !

**Bulbararing Bushcare** - Contact:  
Carol Gumley Ph: 4381 0175

**Avoca Public School Bushcare** -  
Contact: Liz Fennell Ph: 4382 1416

**Avoca Beach P&C Environment Group** - Contact: Lyn Cook or  
Leonie Grayson Ph: 4382 1416

or contact Gosford Council's  
Bushcare program on 4325 8169 or  
4325 8195.

The group is auspiced by the Avoca Beach Community Association (ABCA) Incorporated. This is a community group for residents and non-resident property owners which tries to protect the relatively relaxed lifestyle that Avoca's village character and natural beauty offers. The Association supports and initiates plans which promote this lifestyle and works to oppose proposals that threaten it.

Through the Association, the Bushcare Group has so far succeeded in winning two Coastcare grants, an Envirofund grant and a Gosford City Council Community Development Grant to support and promote its bush regeneration work on Bulbararing Reserve.

# Keeping the Central Coast Special

If we all do our part we can maintain the Central Coast's features and its character that those of us living here enjoy. Most of us have very busy lives, but just helping out a few hours a month in whatever environmental activity you choose and in whatever capacity you can give, will help the Central Coast to remain one of the most significant regions in NSW.

Name	Phone	Email
Avoca Beach Community Association	4381 1894	aarr@netspeed.com.au
Australian Conservation Foundation (Central Coast)	4323 1843	Web: <a href="http://www.acf.ccoast.org.au">www.acf.ccoast.org.au</a>
Australian Plant Society (Central Coast Group)	4329 1237	centralcoastgroup@australianplants.org
Community Environment Network	4349 4756	cccen@cccen.org.au Web: <a href="http://www.cccen.org.au">www.cccen.org.au</a>
Darkinjung Local Aboriginal Land Council	4351 2930	dlalc@integritynet.com.au
Department of Infrastructure, Planning & Natural Resources	4324 3844	
Pollution Line - Department of Environment and Conservation	131 555	
Gosford City Council - Bushcare officers	4325 8222 4325 8195 or 4325 8169	goscity@gosford.nsw.gov.au
Hunter-Central Rivers Catchment Management Authority	4930 1030	hcr@cma.nsw.gov.au
National Parks Association (Central Coast)	4332 7378	ccoast@npansw.org.au
National Parks & Wildlife Service	4320 4200	central.coast@npws.nsw.gov.au
Department of Primary Industries (formerly NSW Fisheries)	4332 2147	
Ocean & Coastal Care Initiatives	4341 4291	harvis@ozemail.com.au
Wildlife Information & Rescue Service	4323 2326	enquiries@wirescentralcoast.org



For more information about this brochure contact:

CEN, PO Box 149, Ourimbah 2258  
Ph: 4349 4756 Fax: 4349 4755  
Email: [cccen@cccen.org.au](mailto:cccen@cccen.org.au)  
Web: [www.cccen.org.au](http://www.cccen.org.au)